



## REHABGYM MEMBERSHIP SIGN-UP

Name			DOB		
Street Address		City		State	Zip
Email Address		Cell Phone		Home Phone	
Emergency Contact				Emergency Phone	
Primary Care Physician					
Participation in activity is entirely voluntary and I hereby state that I am physically sound and that I have received medical approval to proceed with a normal routine of exercise.					Initial here

I authorize the RehabGYM to post payment to my bank card, or credit card as provided. I understand that my auto-debit will occur on the 1st of each month payment is due. I agree to provide the RehabGYM written notice of cancellation on or before the 15th of the month prior to the next scheduled auto-debit.

Membership Type	Charge Amount				
	every	mo.	3 mo.	6 mo.	12 mo.
Signature			Today's Date		Staff Initials
Card Number		Expiration Date	Sec Code	Start Date	

### Membership Guidelines and Requirements

A program of regular exercise for the heart, lungs, muscles and joints has many benefits. These may include a decrease in body fat, improvement in blood fats and blood pressure, improvement in physiological function, increased strength, decreased chance of injury and decrease in heart disease. I understand that, during exercise, the possibility exists for muscular strains, sprains, and delayed onset muscle soreness, abnormal blood pressure, fainting, disturbances of heart rhythm, and very rare instances of heart attack. I understand that I can minimize the risk of adverse changes occurring during exercise by adhering to the exercise guidelines emphasizing warming up and cooling down and exercising at a moderate level at least 3 times per week. I understand that I must be 14 or older to be a RehabGYM member.

### Facility Etiquette

You must place all equipment neatly back in its designated location for all to use and remember, always leave the area neater than you found it! This etiquette policy will be strongly enforced as we remain steadfast in our commitment to a clean, neat, and safe environment for all users to enjoy.

## Admission

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**Check-in at the front desk is MANDATORY for each visit.** You will be given a bar code tag which must be scanned each time you visit the facility. Please keep abreast of all posted notices at check-in and on any facility bulletin boards. Silver Sneakers participants must scan in with both RehabGYM barcode AND Silver Sneakers QR code.

## Changing Membership Types

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Members may change their membership from one plan to another. Notice on or before the 15<sup>th</sup> of the month (in advance of bill collection on the 1<sup>st</sup>) is required for members with auto-pay agreements.

## Transfer of Membership

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Memberships are non-transferable and non-refundable.

## Facility Use

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Locker room privileges are included with membership. Day use locker service is available at no additional charge. **Pool facilities at the RehabGYM are unsupervised by a lifeguard.** Use the pool at your own risk.

## Changes in Facility Hours

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The RehabGYM will occasionally alter hours around holidays and seasons. These alterations will be posted at least seven (7) days in advance. Please read all postings at check-in and on any facility bulletin boards.

## Photo Release Agreement

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The RehabGYM staff will collect your photo upon your first use of the gym. Your photo will not be used for promotional materials without written consent.

## Informed Consent Liability Waiver

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I understand and expressly agree that my use of this RehabGYM facility, or any other RehabGYM facility, involves the risk of injury to me or my guest whether caused by me or not. I understand that these risks can range from minor injuries to major injuries including death. In consideration of my participation in the activities and use of the facilities, exercise equipment or services offered by The RehabGYM, I understand and voluntarily accept full responsibility on my behalf and on my guest's behalf for the risk of injury or loss arising out of or related to my use or my guest's use of the facilities, exercise equipment or participation in exercise programs or other services. I further agree that The RehabGYM, its affiliated companies and their respective officers, directors, employees, members, agents and independent contractors (collectively "The RehabGYM, Inc.") will not be liable for any injury, including, without limitation, personal, bodily, or mental injury, disability, death, economic loss or any damage to me, my spouse or domestic partner, guests, unborn children, heirs, or relatives, resulting from the negligent conduct or omission of The RehabGYM or anyone acting on The RehabGYM's behalf whether related to exercise or not. Accordingly, to the fullest extent permitted by law, I do hereby forever release, waive and discharge The RehabGYM from any and all claims, demands, injuries, damages, actions or causes of action against The RehabGYM. I further understand and acknowledge that The RehabGYM does not manufacture fitness or other equipment in its facilities, but purchases and/or leases equipment and therefore The RehabGYM will not be held liable for defective products.

I agree to comply with The RehabGYM's membership policies and club rules that may be communicated to me from time to time either in writing, through club signage or verbally. The RehabGYM may, in its sole discretion, modify the policies and any club rule without notice at any time. The RehabGYM reserves the right to refund the pro-rated cost of unused services and terminate my membership immediately for violation of any membership policy or club rule. By signing below, I acknowledge and agree to all the terms on the front and back of this agreement.

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Signature of Participant (or guardian if under 18)

Date